

How Much Dried, Frozen & Juice Concentrate

is Equivalent to ½ Cup of Fruit

Calculations are Based on USDA Dietary Guidelines*

FRUIT SENSATIONS

¹/₂ Cup of Sliced or Diced Apples @ **10% H₂O = approx. 11 Grams of Ingredient**

LOW MOISTURE FLAKE POWDER (DRUM DRIED)

¹/₂ Cup of Sliced or Diced Apples **@ 2% H₂O = approx. 6 Grams of Ingredient** Organic **@ 2% H₂O = approx. 6 Grams of Ingredient**

LOW MOISTURE AIR DRIED POWDER/GRANULE

¹/₂ Cup of Sliced or Diced Apples @ **2% H₂O = approx. 6 Grams of Ingredient**

LOW MOISTURE APPLE DICES

One ½ Cup Serving of Sliced or Diced Apples @ 3% H₂O = approx. 6 Grams of Ingredient

EVAPORATED APPLE DICES

One ½ Cup Serving of Sliced or Diced Apples @ 24% H₂O = approx. 8 Grams of Ingredient

INFUSED APPLES

One ½ Cup Serving of Sliced or Diced Apples @ 6% H₂O = approx. 11 Grams of Ingredient

INTERMEDIATE MOISTURE APPLES

One ¹/₂ Cup Serving of Sliced or Diced Apples @ **18%** H₂**O** = approx. 7 Grams of Ingredient

*USDA recommends 2 cups of fruit daily (for a 2,000 calorie diet)

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1.800.367.6571 / www.treetopingredients.com P.O. Box 248 / 220 E. Second Avenue, Selah, WA 98942



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SINGLE STRENGTH PURÉE

1/2 Cup @ 11.5 BRIX = 123.5 Grams



4+1 SLICED FROZEN STRAWBERRIES

5/8 Cup = 94 Grams

SOLID PACK FROZEN STRAWBERRIES

1/2 Cup = 75 Grams



JUICE CONCENTRATE

2 Tablespoons @ 40 BRIX = 36 Grams

JUICE CONCENTRATE

1.5 Tablespoons @ 50 BRIX = 28 Grams

JUICE CONCENTRATE

1 Tablespoon @ 65 BRIX = 22 Grams

JUICE CONCENTRATE

1 Tablespoon @ 70 BRIX = 20 Grams

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