

Nutritional Composition Pumpkin Powder

Pumpkin Flake Powder – Low Moisture

Pumpkin Powder with No Preservatives

NUTRIENT OR ITEM	
Calories (per/100 g)	385.00
Fat (g/100)	3.10
Saturated Fat (g)	0.64
Trans Fatty Acid (g/100 g)	0.02
Cholesterol (g/100 g)	0.0
Carbohydrates (g/100 g)	76.88
Dietary Fiber (g)	20.30
Protein (g/100 g)	12.38
Water (g)	2.10
Ash (g)	5.54
Total Sugars (g/100 g)	28.66
Added Sugars	0.0
Vitamin A – ERA (mcg)	510.00
Vitamin C (mg/100 g)	29.00
Vitamin D (mcg/100 g)	0.0
Sodium (mg/100 g)	11.00
Potassium (mg/100 g)	1966.00
Calcium (mg/100 g)	254.00
Iron (mg/100 g)	6.30

These are average values and should be used only to approximate the nutritional composition of any food formulations. Nutritional data not found on this list are present in levels not required by NLEA standards. The information contained herein is, to the best of our knowledge, correct, but all recommendations or suggestions are made without guarantee or responsibility.

Products:

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