







Plant-Based Market Trends September 2019



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Source:

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News and analysis on the food and beverage industry

Plant-Based

September 2019

Tree Top is proud to partner with Mintel to provide our customers with the latest research and new product introductions. Mintel is the world's leading market intelligence agency offering perspectives, purchasing data and insights.

A year of innovation in plant-based drinks, yogurts & ice cream, 2019

Provide probiotics

Innovating with pre- and probiotics can drive growth of plant-based products and resonate with consumers who are looking to improve their digestive health.

Tap into protein trends

Consumers continue to seek protein in their diets and brands can leverage this by innovating with high-protein sources such as pea protein, superfoods, nuts and seeds.

Commit to clean label

Brands which celebrate natural features like clean label recipes and natural ingredients are well-placed to appeal to plant-based product consumers. This offers opportunities for brands to innovate with organic and GMO-free ingredients

US Launches of Plant Based Ingredients vs Plant Based Ingredient with Fruits, Jan 2018 - Jul 2019

■ Plant Based Ingredients ■ Plant Based Ingredient with Fruit





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Market Trends *News*



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This section of the monthly update focuses on a specific food/drink category, aiming to provide you with an understanding of what's trending across **New Product Introductions**.

Gut Health is Growing Concern

Digestive health is increasingly recognized by dietitians and consumers alike as an integral part of overall wellbeing. <u>Scientific research</u> has found links between the gut microbiome and many aspects of health, from mental health to skin health and even obesity.

Probiotics, fiber, prebiotics and other functional gut health ingredients will resonate with consumers who are seeking a healthy and balanced digestive system.

In the US, 29% of adults who don't exclusively buy, but have bought non-dairy milk in the past three months, say they would be <u>encouraged to buy more non-dairy milk</u> if it contained **probiotics**.

Plant-based yogurt highlight probiotics for digestive health



Billions of probiotics in every cup

Nancy's Strawberry Hibiscus
Flavored Probiotic Oatmilk
Non-Dairy Yogurt includes
Bifidobacterium lactis which is
said to aid digestion and also
L. rhamnosus, which may help
to restore and maintain a
balance of good bacteria in the
gut (US).



Feel good from the inside out Califia Farms Super Berry
Probiotic Dairy Free Yogurt is a cultured nut milk drink that contains 10 billion live cultures of CFUs per serving, and features Bifidobacterium, BB-12, S. thermophilus and L. bulgaricus (US).



Probiotics and prebiotics
Hälsa Dairy-Free Blueberry
Flavor Oatgurt is made with
Scandinavian organic oats,
contains probiotics and
prebiotics and is free from
added sugar, dairy and
additives (US).







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Organic, fair trade and natural ingredients can attract consumers



Organic ingredients

Three Trees Unsweetened Vanilla
Bean Organic Almondmilk is made
with just four ingredients, is USDA
Organic, non-GMO and kosher (US).



Good, wholesome ingredients Goodpop Orange N' Cream Frozen

Pop contains real fruit juice and coconut milk, is made from Fair Trade-certified ingredients.



Only natural ingredients

Non-Dairy Chobani Strawberry
Flavored Coconut Based Yogurt is
made only from natural ingredients
and is free from artificial flavours and
sweeteners, preservatives and GMO
ingredients (US).

Cleansing cold-pressed almond milk with lemon and ginger



The desire to improve or balance the natural functions of the digestive system reflects a growing trend in which people treat their bodies like ecosystems. More people are seeking solutions that work with, rather than against, their bodies, as described by Mintel Trend Total Wellbeing.

Origin Almond Lemon Ginger 360° Cleanse is said to be a superfood-powered infusion that features a combination of powerful cleansing ingredients. It includes lemon and ginger, which help to stimulate digestion, and cayenne pepper, which may help to boost metabolism and improve physical endurance.



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A year of innovation in meat substitutes & eggs, 2019

Consumers concerns about climate change and health are driving innovation, although it's imperative not to overlook the importance of protein content in recipes.

Key Opportunities (Americas)

- Replicate the meat-eating experience
- Emphasize protein content
- Promote environmental benefits

Consumers seek meat-like flavours and textures in meat substitutes

TASTES LIKE MEAT

54%

of adults in the US say that meat alternatives should closely mimic the taste of meat **MEATY TEXTURE**

24%

of adults in Canada who eat meat alternatives think it should have a meat-like texture

CONSUMPTION FREQUENCY

15%

of adults in Canada eat meat alternatives a few times a month







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A year of innovation in meat substitutes & eggs, 2019

Opportunity: Replicate the meat-eating experience

Innovating with meat substitutes that closely **mimic the taste and texture** of meat will resonate with consumers, especially **flexitarians** who are looking to reduce their meat consumption without completely sacrificing the sensory and flavour qualities of eating meat.

Burgers are the most popular meat-substitute format.

In the US, 61% of households who use meat-alternative products use burgers.







With superfoods and veggies

Don Lee Farms Superfoods Veggie

Burger is an organic plant-based
veggie burger made with kale,
quinoa and almonds. It is free from
GMOs and artificial ingredients and
contains 2/3 cups of veggies per
serving (US).

Chicken veggie patties

Boca The Original Spicy
Chik'n Veggie Patties have
been relaunched with a new
pack and a new formula and
are now made with non-GMO
soy protein (US).

Highly nutritious patties

Nanak Veggie Burger Patties are 100% vegetarian and said to be a highly nutritional and balanced combination of vegetables, cheese, herbs and spices in a delicious patty (Canada).









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A year of innovation in meat substitutes & eggs, 2019

Opportunity: Emphasize protein content

There are opportunities for meat substitutes to enhance and call out their protein content to tap into the popularity of high-protein foods, and temper consumer concerns that meat substitutes may lack the protein they believe they require.

Protein is a key selling point for plant-based purchases



In the US, 35% of adults who are seeking to add more plant foods into their diet say they need more protein in their diet, and 40% of Canadian meat-alternatives consumers say protein content is the most important quality they look for when buying meat alternatives.

In North America, 19% of meat substitute and eggs NPD in the 12 months to April 2019 features the high/added protein claim.

Dr. Praeger's Purely Sensible Foods All American Veggie Burgers contain 28g of plant protein and are made with high-quality pea protein combined with avocado oil and four different kinds of veggies.





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Promote environmental benefits

Brands can tap into consumer awareness of the **environmental cost of meat production** with on-pack information that highlights the **ecological and energy savings** they are making (eg water, emission and resource) by **reducing their meat consumption**.

Plant-based meats can tap into growing environmental concerns of meat production



The category is primed to capitalise on the consumer interest in environmental concerns, with **53%** of consumers in the US saying that **plant-based meats** are <u>better for the environment</u>, and **20%** of consumers of meat-alternatives in Canada saying they do so for <u>environmental considerations</u>.

No Evil Foods features environmental and sustainable messages on-pack, like 'Protein For All. In Plants We Trust.' The brand's website contains facts and figures on the environmental benefits of a plant-based diet.

With its nod to social activist messages, No Evil's political tone is similar to the marketing of the Swedish meat substitute company, <u>Oumph!</u>. It's a forceful branding style that advocates a change in how consumers think about animal ingredients, and therefore has to be guite impactful.









This section of the monthly update keeps you informed on what's happening in fruit, focusing on popular and growing fruit ingredients being seen in *plant based products* launched in North America.

Emerging Plant Based Fruit Ingredients

Emerging Plant Based Fruit	% change: Aug 2017 - Jul 2018 - Aug 2018 -	
Ingredients	Jul 2019	Total Sample
Apple Juice Concentrate	676%	13%
Blackberry	385%	9%
Cranberry	337%	16%
Blueberry	191%	12%
Fruit and Fruit Products	62%	12%
Date	29%	10%
Luo Han Guo	0%	9%
Lemon Juice Concentrate	-3%	9%
Lemon Juice	n/a	13%
Luo Han Guo Extract	n/a	9%

Innovative Plant Based Products





Cottage Cheese with Blackberries & Granola

Ingredients on pack: cultured skim

milk, blackberries, water, sugar, cream, salt, cornstarch, plant based gums (guar, locust bean), natural flavors, citric acid, carbon dioxide (to preserve freshness), potassium sorbate (to preserve freshness), fruit juice concentrate (for color), xanthan gum, vitamin A

<u>palmitate</u>, <u>enzyme</u>, granola (<u>rolled oats</u>, <u>coconut</u> <u>oil</u>, <u>sugar</u>, <u>honey</u>, <u>brown sugar</u>, <u>salt</u>, <u>water</u>, <u>natural flavor</u>)

Protein Cookie with Coconut White Chip Macadamia

Ingredients on pack: peanut butter, white chips (sugar, sustainable palm kernel oil, sustainable palm oil, natural flavor, sunflower lecithin, salt), plant protein (brown rice protein, pea protein), cane sugar, gluten free oat flour, coconut flour, vegetable glycerin, coconut flakes, macadamia nuts, Brazil nuts, gluten free oat fiber, natural coconut macaroon flavor, baking powder, xanthan gum, sea salt, sunflower lecithin, monk fruit extract)







News and analysis on the food and beverage industry

This section of the monthly update allows you to see the top ten US plant based products based on highest purchase intent scores*. Purchase Intent scores are calculated based on the percent of consumers who responded that they would "likely" or "definitely would" buy these products after the price was revealed.











Papa Pita Greek Pita Whole Wheat Flat Bread 60%* Purchase Intent

Forager Project Organic Strawberry Creamy Dairy-Free Cashewgurt Yogurt Alternative 55%* Purchase

Intent

Friendly Farms German Style Chocolate Brownie Flavored Whole Milk Quark 52%* Purchase

Intent

3

Gardein Mandarin Orange Crispy Chick'n 48%* Purchase Intent

Gardein Seven Grain Crispy Tenders 47% Purchase Intent









6

Gardein Mandarin Orange Crispy Chick'n 45% Purchase

Intent

Mayfield Creamery Signature Vanilla Premium Ice Cream 45% Purchase

Intent

Manitoba Harvest Hemp Foods Hemp Yeah! Organic Dark Chocolate Granola

8

43% Purchase Intent

Dairy Pure Mix-Ins Cottage Cheese with Pineapple 43% Purchase Intent

10

Nestlé Coffee-Mate Natural Bliss Caramel Flavoured Almond Milk Creamer

42% Purchase Intent



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