

### How Much Dried, Frozen & Juice Concentrate is Equivalent to ½ Cup of Fruit

Calculations are Based on USDA Dietary Guidelines\*



#### FRUIT SENSATIONS

½ Cup of Sliced or Diced Apples  
@ **10% H<sub>2</sub>O** = **approx. 11 Grams of Ingredient**



#### LOW MOISTURE FLAKE POWDER (DRUM DRIED)

½ Cup of Sliced or Diced Apples  
@ **2% H<sub>2</sub>O** = **approx. 6 Grams of Ingredient**  
Organic @ **2% H<sub>2</sub>O** = **approx. 6 Grams of Ingredient**



#### LOW MOISTURE AIR DRIED POWDER/GRANULE

½ Cup of Sliced or Diced Apples  
@ **2% H<sub>2</sub>O** = **approx. 6 Grams of Ingredient**



#### LOW MOISTURE APPLE DICES

One ½ Cup Serving of Sliced or Diced Apples  
@ **3% H<sub>2</sub>O** = **approx. 6 Grams of Ingredient**



#### EVAPORATED APPLE DICES

One ½ Cup Serving of Sliced or Diced Apples  
@ **24% H<sub>2</sub>O** = **approx. 8 Grams of Ingredient**



#### INFUSED APPLES

One ½ Cup Serving of Sliced or Diced Apples  
@ **6% H<sub>2</sub>O** = **approx. 11 Grams of Ingredient**



#### INTERMEDIATE MOISTURE APPLES

One ½ Cup Serving of Sliced or Diced Apples  
@ **18% H<sub>2</sub>O** = **approx. 7 Grams of Ingredient**

\*USDA recommends 2 cups of fruit daily (for a 2,000 calorie diet)

*More fruits, more forms, more possibilities.*

### How Much Dried, Frozen & Juice Concentrate is Equivalent to ½ Cup of Fruit

Calculations are Based on USDA Dietary Guidelines\*



#### SINGLE STRENGTH PURÉE

**½ Cup** @ 11.5 BRIX = 123.5 Grams



#### 4+1 SLICED FROZEN STRAWBERRIES

**5/8 Cup** = 94 Grams

#### SOLID PACK FROZEN STRAWBERRIES

**½ Cup** = 75 Grams



#### JUICE CONCENTRATE

**2 Tablespoons** @ 40 BRIX = 36 Grams



#### JUICE CONCENTRATE

**1.5 Tablespoons** @ 50 BRIX = 28 Grams



#### JUICE CONCENTRATE

**1 Tablespoon** @ 65 BRIX = 22 Grams



#### JUICE CONCENTRATE

**1 Tablespoon** @ 70 BRIX = 20 Grams

\*USDA recommends 2 cups of fruit daily (for a 2,000 calorie diet)

*More fruits, more forms, more possibilities.*

509.698.1435 or 1.800.367.6571 ext. 1435 / [www.treetoppingredients.com](http://www.treetoppingredients.com)  
P.O. Box 248 / 220 E. Second Avenue, Selah, WA 98942

